

Flaxseed oil is nature's richest vegetarian source of the essential fatty acids, ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure as well as promote cardiovascular and nervous system health.<sup>†</sup>

Our **Flaxseed Oil** is made from organic flax seeds and is cold pressed, unfiltered, unbleached and free of hexane. The flaxseed oil in this product is certified organic by Quality Assurance International (QAI).

Our Ultimate Organics™ products do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# ARCANA PHARMACY™

Cold-Pressed and Hexane-Free  
Ultimate Organics™

## FLAXSEED OIL

1,000 mg

Made from Organic Flaxseeds



Dietary Supplement

180 SOFTGELS

This product is certified organic by Quality Assurance International (QAI).

Formulated for: Arcana Pharmacy™  
10820 N. Torrey Pines Rd.  
La Jolla, Ca 92037

### Supplement Facts

Serving Size 1 Softgel Servings Per Container 180

Amount Per Serving % Daily Value

Total Calories 10

Calories from Fat 10

Total Fat 1 g 1%\*

Polyunsaturated Fat 0.6 g

Flaxseed Oil 1,000 mg \*\*

Typical fatty acid composition:

Alpha-Linolenic Acid (ALA) ..... 550 mg \*\*

Linoleic Acid (LA) ..... 150 mg \*\*

Oleic Acid ..... 200 mg \*\*

\* Percent Daily Values based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other Ingredients: Capsule (gelatin), glycerin.

SUGGESTED USE: Take one softgel up to six times daily.

CONTAINS NO sugar, starch, artificial colors, flavors, preservatives, corn, soy, yeast, wheat, grain, gluten, egg, or milk products.

KEEP OUT OF REACH OF CHILDREN.

VL 131J

